INTERNATIONAL KARATE ORGANIZATION KYOKUSHINKAIKAN, CANADA

GENERAL LIABILITY WAIVER FORM

(Revised October 2007)

NAME: _____

HEIGHT: _____ WEIGHT: _____ D.O.B.: _____

PHONE: _____ EMAIL: _____

DOJO: GABRIOLA ISLAND HEAD INSTRUCTOR: MIKE RICHARDS

I have voluntarily chosen to participate in training in the sport of karate in a dojo that is affiliated or associated with the International Karate Organization Kyokushinkaikan (Canada) (IKOK-C) and I understand there are inherent physical risks involved in participating with this activity, as karate is a martial art that involves full physical contact. As part of this sport I will be directed to participate in physical warm ups that may involve stretching, calisthenics (including push-ups and sit-ups) as well as running and other training methods. I may also be directed to perform karate exercises (kihon) that involve kicking, punching and blocking. Further I may be directed to participate in movements known as kata that are a combination of karate forms. I may also be directed to participate in movements known as self defense which may involve joint manipulation, various holds on all parts of the body (including neck) as well as break falling. All of these exercises will lead to participation in sparring and fighting which are integral parts of the sport of kyokushin karate. All of these activities have risk of physical injury or death as contact is applied on the both the receiving and attacking end. I understand and accept these inherent risks of this sport. I agree to follow all directions and warnings giving to me by all instructors of the dojo and my failure to follow such directions or warnings my result in physical injury to myself. I hereby indemnify and hold harmless the Parties (as set out below) against all losses or claims of whatever kind in connection with loss of life, personal injury, economic loss or damage to property arising from my participation in this sport. I agree not to make any claim or take proceedings against the Parties for any losses or claims of whatever kind arising from my participation in all of the activities of the dojo including the regular classes and special events, such as tournaments that I may become involved in. I agree to obey all the rules, policies and regulations governing the operation of the dojo as advised to me by my instructor or on the IKOK-C website, or Student Handbook. "Parties" are the IKOK-C, the Board of Directors and Officers of the IKOK-C, the IKOK-C Branch Chief, all instructors and members of the IKOK-C and the Head Instructor, the instructors, members, students and owners of this Dojo.

SIGNED: _____ DATE: _____

_____ _____

PARENT OR GUARDIAN SIGNATURE: (IF UNDER 19 YEARS OLD) **PARENT OR GUARDIAN NAME: (PRINT)**

Photo Release Form

I hereby give permission for my photograph to be taken and used by the IKOK-C and/or the above mentioned dojo for publication of the photograph in brochures, web sites, leisure guides and other promotional materials the IKOK-C and/or the above mentioned dojo creates, including permission for the IKOK-C and/or the above mentioned dojo to copyright the photograph in its name. The purpose of the promotional materials is to encourage people to participate in activities of the IKOK-C and/or the above mentioned dojo.

I hereby release the IKOK-C and/or the above mentioned dojo from all claims arising out of its use of the photograph, including all claims for libel or invasion of privacy.

I confirm that I have read this form and understand its contents

SIGNED: _____ DATE: _____

_____ _____

PARENT OR GUARDIAN SIGNATURE: (IF UNDER 19 YEARS OLD) **PARENT OR GUARDIAN NAME: (PRINT)**